

Articles of Interest



Three Marketing Strategies for Small Businesses

How will you build awareness for your business, attract new customers and retain existing ones while driving growth? For small business owners, it comes down to one word: Marketing.

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The Key to Higher **Productivity: Proper Nutrition and Exercise**

When's the last time you considered the common phrase, "You are what you eat?" Whether wielded by a caring parent or concerned doctor, this saying gets to the heart of nutrition: Diet has a significant role in your overall health and wellbeing.





MDLIVE

- Pay \$0 out of pocket for medical consultations.
- Three **free** Talk Therapy consultations per person, per calendar year and then \$90 per hour.
- Dermatology consultations are \$59 per video consult.

Now, visiting the doctor is easier than ever **before.** Avoid the waiting room and inconvenience of going to the doctor's office. Visit a doctor by phone, secure video or

MDLIVE App. Doctors are available 24/7, and

family members are also eligible.

2,957 visits 1,514 activations in December 2024* in December 2024*

29,557 visits by **16,653** patients in YTD 2024*

133,142 activations since inception*

Activate now! Log into americanbusinesscoalition.info for more information!

*Utilization rates reported in the MCR is intended for directional insight; these numbers are not contract specific and do not count utilization the same way in all reports, see definitions for calculation detail. If your organization has a utilization calculation in your agreement, please contact your account manager to discuss.

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For information regarding your membership and association services, call or write:

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